

# BREAKFAST

## Fruit Salad (V) | 17

Seasonal fresh cut fruits, chia coconut yoghurt, nuts & seeds

## Toast (V) | 6

Organic sourdough, caraway rye, olive sourdough, fruit & nut loaf (contains nuts), plain & multigrain + 1 Gluten Free

## Nuts & Seeds Bowl | 19

Homemade maple glazed nuts & seeds, chia coconut yoghurt, fresh berries & fruits, coconut, berry compote & lemon balm

## Banana Bread (1 slice) (V) | 13

Served w/ berry compote, vanilla mascarpone, nuts & seeds

## Acai Bowl | 16

Topped with fresh seasonal fruits, berries, chia, coconut, nuts & seeds & peanut butter

## Breaky Burger (all day) | 16

Bacon, fried egg, rocket, fresh tomato, caramelized onion, American cheddar, homemade sriracha aioli & tomato pickle on a toasted organic seeded roll

## Ricotta & Blueberry Hotcake (V) | 21

Served w/ fresh berries, banana, brownie bites, nuts & seeds, coconut, berries compote, vanilla mascarpone & maple syrup

## Healthy Start (V) | 22

Avocado, grilled mushrooms, grilled tomato, seeds, herbs, baby spinach, pistachio dukkah & homemade beetroot relish on toasted organic caraway rye

## Rise and Shine (V) | 22

Smashed avocado, grilled halloumi, fresh tomato, poached eggs, herbs & pistachio dukkah served on toasted organic olive sourdough

## Hangover Special (fried all day) | 20

Bacon, your choice of eggs, hash browns, grilled tomato, baby spinach on toasted organic sourdough

## Breaky Bruschetta (V) | 22

Smashed avocado, tomato salsa, feta, chilli, herbs, basil pesto, poached eggs & balsamic glaze on toasted organic olive sourdough

## Dukkah Halloumi (V) | 22

Grilled halloumi, poached eggs, baby spinach, grilled mushrooms, homemade beetroot relish, tomato salsa & pistachio dukkah on toasted organic caraway rye

## Relish & Eggs (V) | 18

Grilled halloumi, poached eggs, baby spinach, grilled mushrooms, homemade beetroot relish, tomato salsa & pistachio dukkah on toasted organic caraway rye

## Taster | 20

One egg of your choice, bacon, baby spinach, grilled tomato, grilled chorizo, hash browns on toasted organic sourdough

## Aromas Beach Breaky | 25

Your choice of eggs, beef & beans mix, bacon, hash browns, grilled chorizo, grilled tomato, grilled mushrooms, baby spinach on toasted organic sourdough

## Eggs Benedict

Salmon 25 | Ham 23 | Mushroom & Spinach 24 (V) | Bacon 24 | Pork Belly 24

On toasted organic sourdough w/ baby spinach, grilled tomato, hash browns & homemade hollandaise

## Eggs Anyway (fried all day) (V) | 17

Your choice of eggs, baby spinach & grilled tomato on toasted organic sourdough

## FOR THE KIDS | 10

Your choice of eggs & toast (V)

Bacon, one egg of your choice & toast

Mini bacon & egg roll

Hash browns, bacon & toast

Hotcake (V) w/ fruit & maple syrup (add ice-cream 2)

## SIDE ORDERS | per serve

Grilled bacon 6

Hash brown 3

Mushrooms 5

Grilled tomato 4

Avocado 5

Smoked salmon 8

Grilled halloumi 6

Beetroot relish 3

Grilled chorizo 6

Greek feta 4

Extra egg 3

Beef & bean mix 6

Tomato salsa 6

Ice-cream 2

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Please keep your children supervised at all times.



Gluten Free



Vegan Friendly



Contains nuts



Healthy Option



Contains Chilli



Vegetarian

We are a dog friendly venue. Please keep your dog on a lead, off the furniture and out of enclosed areas.



10% surcharge Sundays & Public Holidays

\*Please inform your server of any food intolerances/allergies

EST - 1990  
AROMAS  
TERRIGAL

# LUNCH

## STARTERS

**Crusty Organic Olive Sourdough (V) | 7**  
w/ garlic rosemary butter (vegan on request)

**Sea Salted Crunchy Chips (V) | 9**

**Sweet Potato Wedges (V) | 11**  
with homemade siracha aioli

**Fresh Oysters (V) 1/2 doz | 20 doz | 38**

**Avocado Bruschetta (V) | 17**  
Smashed avocado, tomato salsa, chili, feta, olive oil, balsamic glaze, herbs, lemon on toasted organic olive sourdough (vegan on request)

### Mezze Plate | 31

Prosciutto, pepperoni, grilled chorizo, brie cheese, cheddar, feta, homemade pickled fennel & red cabbage, mixed olives, charred red capsicum, hummus, homemade beetroot relish & sliced seeded baguette.

### Beef Nachos | 17

Beef & bean mix, tomato salsa, cheese, jalapeno, sour cream, smashed avocado & herbs on a bed of toasted corn chips

### Salt & Pepper Calamari (V) (9pcs) | 17

Tender pineapple cut squid, coated in salt & pepper spices served w/ lemon wedges, fresh chili, coriander & homemade siracha aioli

### Chicken Skewers | 16

Three marinated chicken skewers w/ fresh mint yoghurt sauce

### Pork Belly | 16

Homemade pickled fennel & red cabbage, chilli sauce

### Tacos

Tortillas filled w/ smashed avocado, greens, tomato salsa, pickled red cabbage, homemade siracha aioli, chilli sauce

**Grilled Fish 17 | Mexican Beef Mince 16**

**Halloumi (V) 16**

### Chips & Dips (V) | 15

Triangle corn chips, melted cheese, tomato salsa, smashed avocado, sour cream, jalapenos & herbs (vegan on request)

## CRAFT - SANDWICH / WRAP / BURGER

### Salad Wrap (V) | 19

Asian slaw, lettuce, avocado, fresh tomato, red onion, beetroot, cucumber & homemade siracha aioli on a sun-dried tomato wrap served w/ sea salted chips (vegan on request)

**Add Chicken 3 | Bacon 3 | Ham 3 | Halloumi 4**

### Chicken Favourite | 21

Poached chicken, bacon, avocado, greens, fresh tomato & homemade siracha aioli on fresh sliced white bread served w/ sea salted chips

### Halloumi Sandwich (V) | 21

Grilled halloumi, avocado, fresh tomato, pickled fennel, homemade beetroot relish on toasted organic sourdough served w/ sea salted chips

### Beef Burger | 24

Aromas Waygu beef pattie, bacon, American cheddar, greens, fresh tomato, beetroot, pineapple, caramelized onions, homemade siracha aioli & tomato pickle on a toasted organic seeded roll served w/ sea salted chips (gluten free on request)

### Steak Sandwich | 25

MSA beef fillet, greens, fresh tomato, basil pesto, caramelized onions, brie cheese & homemade siracha aioli on a toasted organic seeded baguette served w/ sea salted chips (gluten free on request)

### Crumbed Chicken Burger | 23

Panko crumbed chicken, avocado, greens, fresh tomato, pineapple, brie cheese, jalapenos, pickled red cabbage, homemade siracha aioli & chilli sauce on toasted organic seeded roll served w/ sea salted chips

### Pork Belly Burger | 24

Home cooked pork belly, apple, fennel slaw, pickled red cabbage, fried egg, homemade siracha aioli & chilli sauce on a toasted organic seeded roll served w/ sea salted chips (gluten free on request)

**HALF ASSED!**  
Order your burgers half asked to replace the bun w/ rice cakes lettuce

## SALADS

### Mediterranean Salad (V) | 20

Greens, cucumber, tomato, red onion, charred red capsicum, olives, red radish, parsley, feta, balsamic dressing & hummus served w/ a sliced seeded baguette (vegan on request)

### Caesar Salad | 20

Aromas style w/ toasted croutons, baby cos, crispy bacon & soft poached egg (Anchovies - \$3)

**Grilled Chicken 25 | Smoked Salmon 26 | Salt & Pepper Calamari | 26**

### Spicy Prawns & Chicken Salad | 29

Greens, Asian slaw, onion, cucumber, tomatoes, chili, herbs, orange segment, shredded apple, peanuts, toasted coconut w/ Thai dressing

### SALAD EXTRAS

Chermoula Chicken Tenderloin (2pcs) 6 / Pork Belly (3pcs) 6 / Salt & Pepper Calamari (4pcs) 6 / Smoked Salmon (3pcs) 8 / Grilled Halloumi (3pcs) 6 / Avocado 5

## FROM THE OCEAN

### Salt & Pepper Calamari | 26

"Our signature dish"  
Tender pineapple cut squid served w/ Thai salad, chili, coriander, homemade siracha aioli, lemon wedge & sea salted chips

### Beer Battered Fish | 26

Fish of the day w/ house salad, lemon wedge, tartare sauce & sea salted chips

 Gluten Free

 Healthy Option

 (V) Vegetarian

 Vegan Friendly

 Contains Chilli

 Contains nuts

## BLACKBOARD SPECIALS ★

See our special boards for weekly chef selections!

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## FOR THE KIDS

**Crumbed Chicken Nuggets & Chips | 12**

**Mini Chicken Burger | 12**

Chicken, lettuce, mayo & sea salted chips

**Mini Beef Burger | 12**

Beef, cheese, tomato sauce & sea salted chips

**Fish & Chips | 12**

**Steak & Chips | 13**

**Ham & Cheese Sandwich | 9**

**Chicken & Cheese Sandwich | 9**

**Side House Salad | 2**

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